

Mike Perry on Transitioning to Bareknuckle Boxing

<https://silosolo.com/449962>

Summary

The transcript discusses Joe Rogan's fascination with bare knuckle boxing and his suitability for the sport. He talks about the pain, danger, and wildness of bare knuckle fighting that some fighters may not enjoy. Joe Rogan thrives on the real fight experience and is willing to take punches to land better ones. He mentions notable fighters like Michael Venom Page and Luke Rockold, highlighting their skills and styles. Joe Rogan discusses the differences between boxing, MMA, and bare knuckle, including the need to keep your hands closed and tense in bare knuckle fighting. He shares his mindset of being able to fight in any sport, including the UFC. The transcript also mentions Joe Rogan's fight against Luke Rockold, where he knocked out his opponent and caused him to quit.

Silo sample questions

- What is the biggest difference about bare knuckle fighting?
- Who are some notable fighters in bare knuckle boxing?
- What other combat sports has Joe Rogan participated in?
- What is Joe Rogan's mindset when it comes to fighting?
- What was the outcome of Joe Rogan's fight against Luke Rockold?

Topics

Bare Knuckle Boxing

Fighters

Combat Sports

Joe Rogan's Mindset

Joe Rogan vs Luke Rockold

Key Takeaways

- The biggest difference is the level of vulnerability and the need to keep your hands closed and tense to prevent hand injuries.
- Some notable fighters in bare knuckle boxing include Joe Rogan, Julian Lane, Michael Venom Page, Luke Rockold, and Artem Lobov.
- Joe Rogan has participated in boxing and mixed martial arts (MMA).
- Joe Rogan has a mindset that allows him to fight in any sport, including the UFC.
- Joe Rogan knocked out Luke Rockold and caused him to quit the fight.

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