What's Going on with Alien Abductions?

The Joe Rogan experience Well the scary alien one movie Alien that to me is the scariest scary movie ever What the movie is is it Close Encounters of the fourth kind that takes place in Alaska where they they they combine the actual footage of the woman's real um therapy sessions and stuff I don't know about close encounters of the fourth kind It's it's third or fourth kind Which one's the original movie Third kind So this one's fourth kind I'm al I'm almost heard probably wrong I've never heard of it It's a really good movie There's a woman up in um I wanna say I wanna say Juno or no no no no What's the uh G Nome Nome Alaska And back in the day she was um she became famous because she claimed uh aliens were basically like showing up and abducting her and stuff right That eventually her kid got abducted by aliens or so that's the case and they accused her of like killing the kid or whatever it may be like obviously nobody believes that this woman's son was abducted Her daughter was abducted by aliens It's currently available in our country It's it's like in Canada I think it's it's showing up weird You can only get it in Canada I don't know what that's strange Interesting But they they have it it's a movie about this case but they splice in real footage of her therapy session that she had to go to that she was going to while she was being abducted each night And they like they do this um I don't really know how to describe it this deep meditative state that makes you recall your dreams And she's like describing all the things that were happening to her these aliens and she starts screaming she starts like levitating up from the couch a little bit Like it's like it's creepy as shit It's a really good movie It's my favorite abduction movie I've ever seen and obviously nobody believes her She runs into the one person Oh yeah like the that old footage is like the real footage Wow So here's my issue with the alien abduction thing other than there's not like any real solid evidence that you could point to That's very convincing It always happens at night and it always happens during the periods where people sleep and when you're sleeping I'm not saying always OK I'm sure there's some stories out there I'm sorry But most of the stories I've ever heard are people in their bed they can't move aliens abduct them or they're in a car the car stops they wake up aliens abducted them when you go to sleep and you dream there are psychedelic chemicals that your brain makes and we don't know how much they're making We don't know what effect that's having on your dreams We don't know what is going on what is going on with dreams what is going on with vivid dreams what is going on

with dreams that are they're indiscernible from real life and sometimes in a strange way like what is that Is that a psychedelic state your brain goes into every night and if chemicals vary in human beings serotonin varies Dopamine varies everything varies testosterone varies estrogen varies it varies Wouldn't you just assume those psychedelic chemicals would vary And you wouldn't you just assume that sometimes maybe even people are in uh very uh agitated anxiety ridden states of high cortisol levels perhaps maybe those chemicals are coming out in an abundance Now if you're lying in bed and you're having an insanely vivid and terrifying interaction with aliens every night because your brain is just dumping psychedelics into you And this is your big fear So you're gonna get abducted by aliens again and then there they are again leaning over your bed and they're reaching for you paranoia And then here's the the mind fuck of all mind fucks Maybe psychedelics are a gateway to some other reality some other dimension that's accessible by these creatures And that when you are getting abducted you really are getting abducted like whatever your being is or your spirit or whatever is you is getting you're interacting with these things and it feels real because it is real and because we're thinking about the ability to come in contact with other life forms as being a physical thing it might be that there's a chemical gateway in your mind that when breached you enter into a dimension where physical bodies don't exist anymore and everything moves in this constant soup of geometric patterns and that whatever your consciousness is whatever your soul is is decoupled from the body and thrown into this realm I imagine that's probably what happens at death It probably is what happens with death It's probably what what it's all I mean that's probably why people think about it that way that you're gonna transcend into heaven you're gonna go into this new place It might be true It might be like a lot of the old depictions of like what happens when you uh enter into a psychedelic state I've heard this multiple times that it's like a well of souls that you're interacting with souls that are like completely unattached to a physical presence And maybe that is maybe you're getting layers and layers of that depending upon how fucked up you are where you're sleeping and maybe some of those layers are boom Aliens are in the room with heeled back just aliens in the room with you and maybe they can do that maybe they can visit you while you're in those states Maybe that's what's happening too